



المدرسة الهندية مسقط INDIAN SCHOOL MUSCAT

(Affiliated to the Central Board of Secondary Education, New Delhi. Affiliation No. 6130001)
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CIRCULAR TO PARENTS OF CLASSES V TO VIII PARENTING WORKSHOP FOR MIDDLE SCHOOL PARENTS

Dear Parents,
Greetings from Indian School Muscat!

Parenting during the middle school years can be both rewarding and challenging, as children undergo significant physical, emotional, and social changes. The adolescent years bring unique challenges and opportunities for both children and parents.

We are pleased to inform you that the Counsellors and Special Educator of our Middle section are organizing a **Parenting Workshop** exclusively for the parents of middle school students.

The aim of this session is to support you in guiding your child effectively through this important phase, with practical strategies to support your child's growth, learning, and emotional well-being.

Details of the Workshop:

- Topic: From Guidance to Growth: Parenting for Tomorrow
- Date: 31st August, 2025
- Time: 7:00 pm to 8:30 pm
- Venue: New Multipurpose Hall

Through this session, you will gain insights on:

- Understanding the developmental milestones of adolescence.
- Nurturing positive behavior and self-discipline.
- Strengthening communication and trust between parents and children.
- Managing academic expectations and emotional well-being.

Equipping children to handle peer influence and digital challenges.

We strongly encourage your participation, as your involvement will reinforce the home-school partnership, which is essential for the holistic development of our students

We look forward to welcoming you.

Kind regards,

Rakesh Joshi
Principal

